

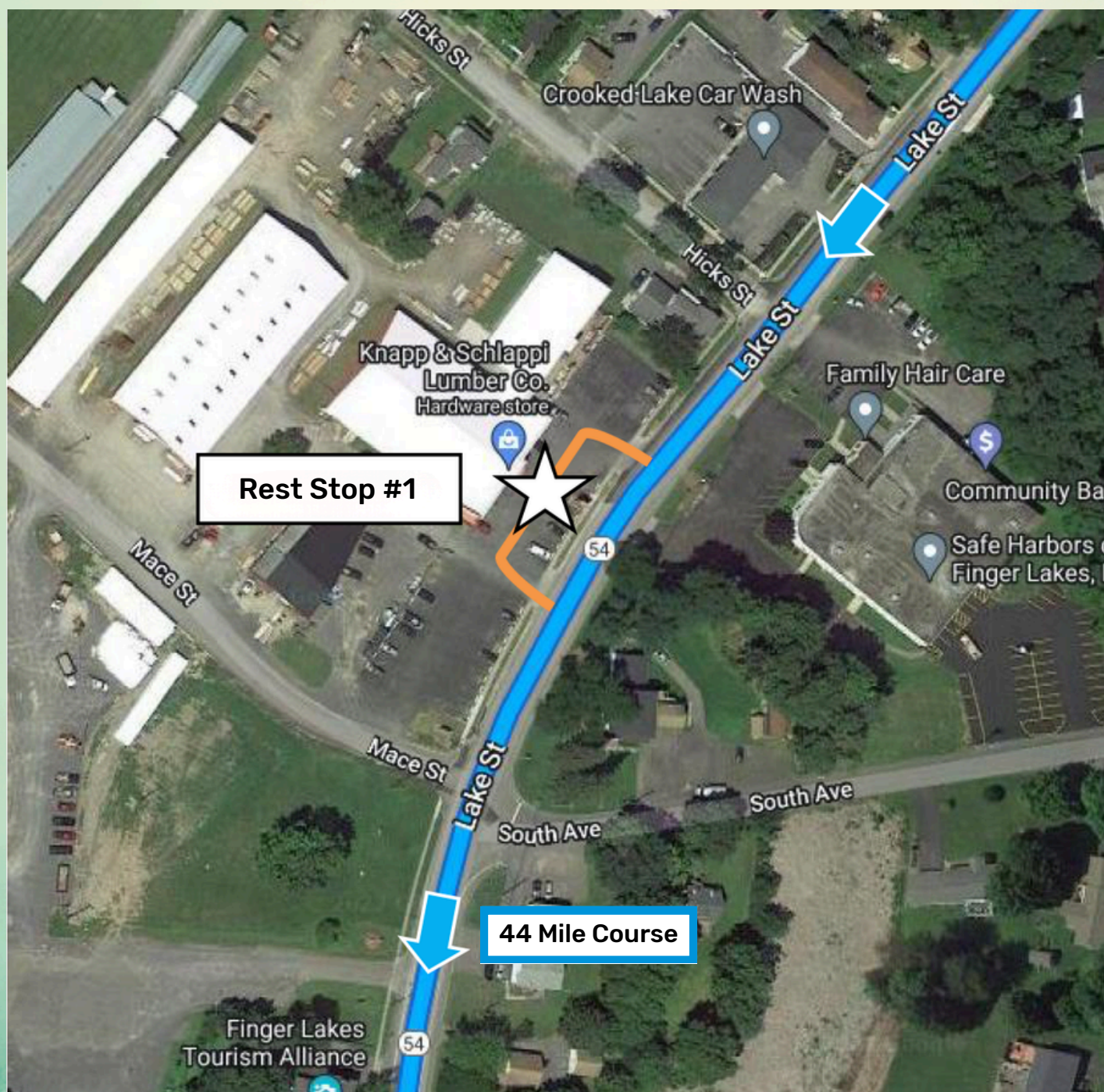


REST STOP #1

Knapp & Schlappi (273 Lake St. Penn Yan, NY)
There will be water, Gatorade, and snacks at this station.

44 Mile Course

8.9 Miles from Start (Camp Good Days)

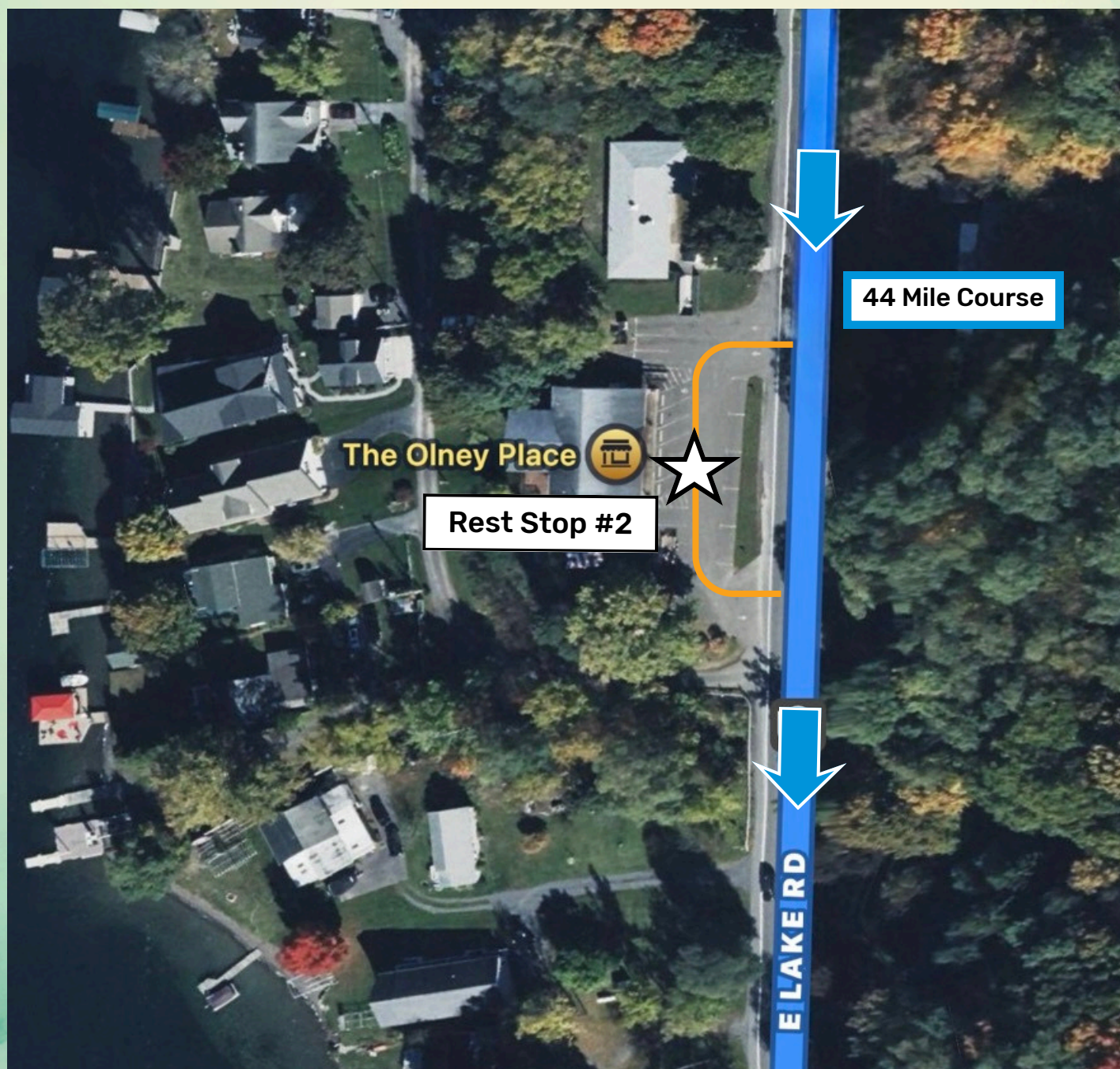




REST STOP #2

The Olney Place (823 E Lake Rd. Penn Yan, NY)
There will be water, Gatorade, snacks and a portable bathroom at this station.

44 Mile Course
7.5 Miles from Rest Stop #1 (Knapp & Schlappi)
16.4 Miles from Start (Camp Good Days)





REST STOP #3

Depot Park (7 Water St. Hammondsport, NY)

There will be water, Gatorade, PB&J, and snacks at this location.
Public restrooms will also be available for use.

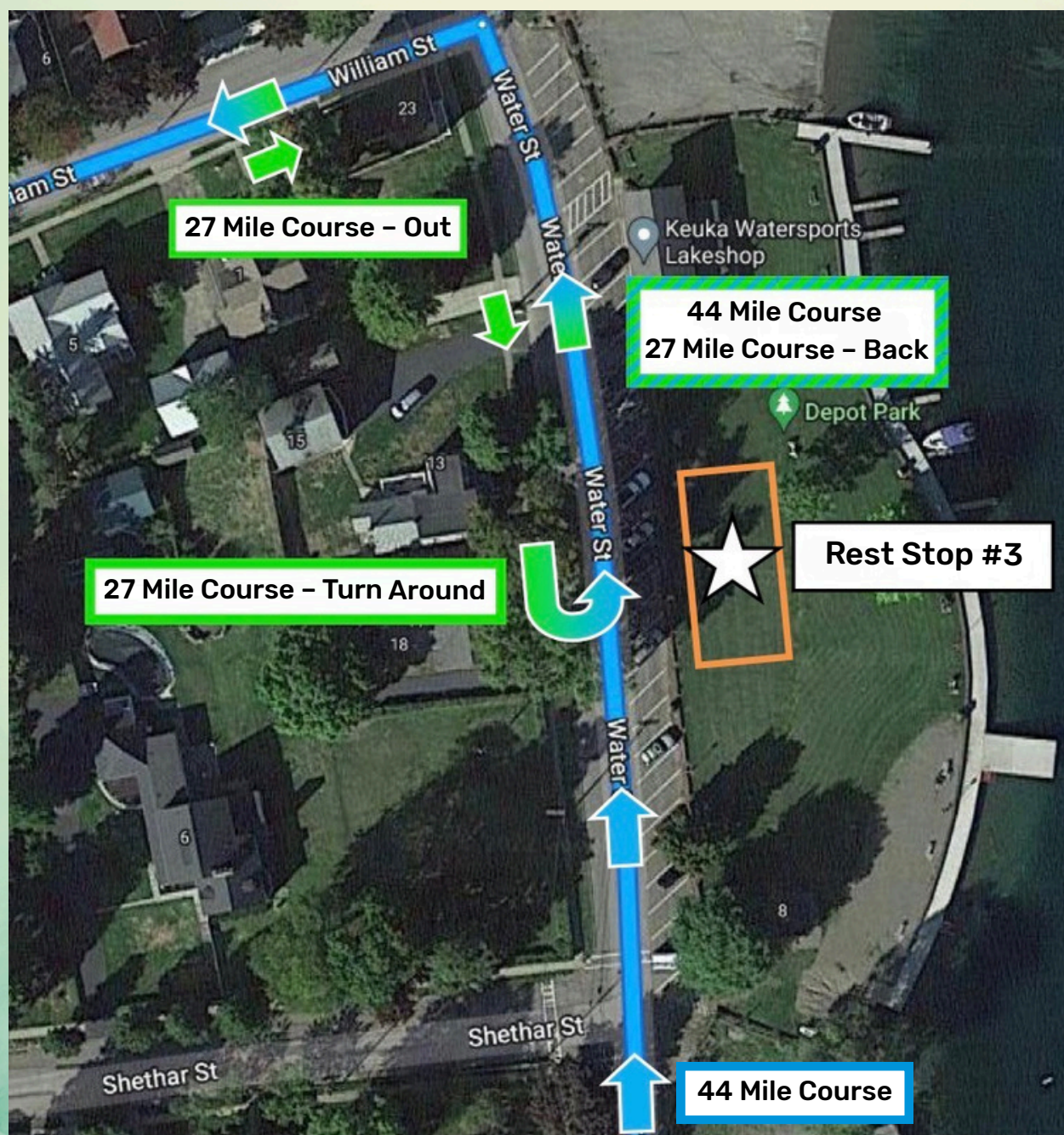
27 Mile Course

13.5 Miles from Start (Camp Good Days)

44 Mile Course

13.7 Miles from Rest Stop #2 (The Olney Place)

30.1 Miles from Start (Camp Good Days)





REST STOP #4

Keuka Yacht Club

(12890 West Lake Rd. Hammondsport, NY)

There will be water, Gatorade, and snacks at this station.

27 Mile Course		44 Mile Course
Out	Back	
6.9 Miles from Start (Camp Good Days)	6.9 Miles from Rest Stop #3 (Depot Park)	6.9 Miles from Rest Stop #3 (Depot Park)
	20.4 Miles from Start (Camp Good Days)	37.0 Miles from Start (Camp Good Days)

